



保良局
PO LEUNG KUK

童♥號

May 2026



Kindergarten cum
Nursery Service



Occasional
Child Care
Service



Integrated Programme



Extended Hour
Service

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Upcoming Events

- 5-8/6/2026 Joint School Children's Art Exhibition
- 8/6/2026 Visit to Reptile House
- 15/6/2026 Parent-Child Rice Dumpling Making
- 15-16/6/2026 Chinese Music Activity
- 18/6/2026 Dragon Boat Festival Celebration cum
June Birthday Party and Tai Chi Roulighu
Experience
- 29/6/2026 "Being a Responsible Pet Owner" Talk
- 30/6/2026 HKSAR Establishment Day
(Flag-raising Ceremony)
- 4/7/2026 Joint School Graduation Ceremony
- 16/7/2026 Visit to Water Resources Education Centre
- 17/7/2026 July Birthday Party - Summer Holiday
- 18/7/2026 Parents' Day
- 24/7/2026 Closing Ceremony

Dear Parents:

If you have any comments or suggestions about our school, please feel free to contact our teachers or write to us. Your feedback helps us improve our service quality and strive for excellence, Thank you for your support!

School Email: clywkgn@poleungkuk.org.hk

Tel: 2277 8383

Fax: 2890 8397

Po Leung Kuk Headquarters:

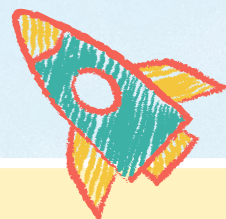
Address: 66 Leighton Road, Causeway Bay, HK

Contact Department: Child Care Services

Tel: 2277 8219

Fax : 2504 1996

Email: ccs@poleungkuk.org.hk





Kindergarten-Cum-Nursery Service

Purpose :

- According to the needs of society and family, we provide diversified child care services so that they can obtain high-quality care and education.



Goal :

- Through proper care and concern, we ensure children to grow up healthily in love.
- Provide an enlightening environment to nurture the exploratory and self-study spirit of the young children for laying the foundation of lifelong learning.
- Assess and follow up periodically according to children's developmental needs. Curriculum designed based on children-centre approach, in order to assist their whole person development.

Overview of Service Quality Standards document retrieval

SQS 9 SAFE ENVIRONMENT

The service unit takes all reasonable steps to ensure that it provides a safe physical environment for its staff and service users.

SQS 10 INFORMATION ON SERVICE ENTRY AND EXIT

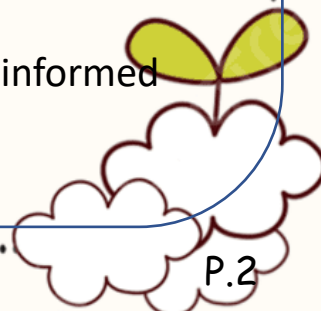
The service unit ensures that service users have clear and accurate information about how to enter and leave the service.

SQS 11 ASSESSMENT OF SERVICE USERS' NEEDS

The service unit has a planned approach to assessing and meeting service users' needs (whether the service user is an individual, family, group or community).

SQS 12 INFORMED CHOICES

The service unit respects the service users' right to make informed choices of the service they receive as far as practicable.



Let children play freely and independently

An ancient proverb says, “Hard work brings success, while play leads to uselessness.” Traditional views have often taken a negative or disapproving stance toward “play.” However, an increasing number of studies have found that play has many positive effects on children’s growth and development (Bateson, 2011; Gray, 2011). The “play” referred to in this article is free play — unstructured, child-initiated play in which children decide for themselves what to play and how to play it.

One study is cited to explain this further. Researchers divided a group of rats into two groups and allowed only one group to play. For rats, free, self-directed play consists of squeaking and play-fighting. The researchers then placed a dangerous object — such as a collar with the scent of a cat — in front of both groups. They found that upon smelling the scent, all the rats immediately retreated into a hole. However, the rats that were not allowed to play remained hidden in the hole and never came out. In contrast, the rats that were allowed to play cautiously explored their surroundings, tried to assess the situation, repeatedly tested the object placed by the researchers, and eventually managed to come out of the hole. The study suggests that the process of free, self-directed play provides a space for exploring new things. During this process, the brain releases dopamine, which generates feelings of pleasure and excitement as a reward, thereby directing greater attention to understanding the object or situation at hand. This process involves skills such as observation, experimentation, imagination, problem-solving, trial and error, and creativity — all of which greatly benefit children’s cognitive development, personality development, and leadership abilities.

In children's world of free and self-directed play, a large part involves imagination — for example, taking on social roles such as doctors, teachers, and firefighters, as well as characters from TV shows and storybooks. Children also act as scriptwriters and directors, inventing any kind of imaginative plot, turning the impossible into possible. Even though this exists only in play, it gives children a little world of their very own, helps them exercise their minds, and nurtures their creativity — all of which have positive significance for children.

Perhaps while children are engaged in imagination-rich play, parents might also try to reawaken their own sense of playfulness — listen to the child's story, go along with their plot, and experience the people and events in the story together with them. In the midst of busy lives, parents may not need to schedule free play into the child's daily agenda; instead, they can consider integrating play into daily routines. For example: brushing teeth in the morning can become a battle between the “germ villains” and the “toothpaste heroes”; getting dressed can become an Olympic competition, with gold, silver, and bronze medals for the fastest; while waiting in line or at a traffic light, play a connection game with your child — pick any three objects on the street, think about, and say how they are connected; when doing homework, put on “teacher glasses” and act as a special teacher. If the child gets a question wrong, the special teacher lets out a triumphant laugh; if the child answers correctly, the special teacher acts deeply disappointed and sulks. The special teacher's reactions make the child feel joyful, thereby adding fun to homework time.

Play is important! If you haven't played enough in daily life, start today — rediscover play, and feel free to let your child play to their heart's content!

References :

Bateson, P. (2011). *Theories of play*. In A. Pellegrini (Ed.), *The Oxford handbook of the development of play* (pp. 41–47). New York, NY: Oxford University Press.

Gray, P. (2011). The decline of play and the rise of psychopathology in children and adolescents. *American Journal of Play*, 3, 443–463.

節錄<<「基督教聯合那打素社康服務」-健康教育>>

<https://www.ucn.org.hk/zh-hant/health-education/health-article/ehcs-freeplay?back=%2Fen%2F>

What is "Free Play"?



Free play refers to letting young children, without excessive restrictions or fixed rules, independently play and explore according to their own interests, ideas, and creativity.



Please hold on tight!



Let me help you!



Let's go for a joyride!

Look !
I discovered
a new way
to play ball!



Elderly folks,
please walk
slowly!



I'm ready!



Benefits of Free Play

Develop Creativity
and Imagination

Develop
Problem-solving
Skills

Enhance
Social
Skills

Build
Self-confidence

Enrich Life
Experience
And
Language Skills

Triceratops
returns to
Earth!



Not tall enough?
I have a solution!



Can I play
with you?



Guess what we're
pretending to be?
We're frogs!



Our latest
two-seater
sports car!



Are you
ready?



Learn Through Play, Grow Through Learning

I brought
my own bag.

Who wants to
play ring toss
with me!

Let me
teach you
how to play!

I want to build
the tallest
skyscraper!

Vroom
Watch out for
my motorcycle!

Welcome to
my home!

Congratulations to our school's K3 student
Chan Yat Tin, for winning an award in the
"Celebrating the 76th National Day Colouring
Competition" organised by Po Leung Kuk
Gold and Silver Exchange Society Pershing
Tsang School.

Po Leung Kuk Gold & Silver Exchange Society
Pershing Tsang School
12 Link Road, Causeway Bay, Hong Kong
Tel: 2890 8131
Fax: 2882 4516



保良局金銀業貿易場張麗文學校
學海御臨樓連通十二號
電話：2890 8131
圖文傳真：2882 4516

保良局朱李月華幼稚園暨幼兒園
曾校長鈞鑒：

「喜迎國慶 76 周年」幼小組色比賽 比賽結果

敬啟者：貴校同學參加本校早前舉辦的「喜迎國慶 76 周年幼小組色比賽」，經評審後，現將獲通知。貴校獲獎同學名單，並隨函附上獎狀，敬請查收。

獲獎學生名單：
(K3) 陳逸天

如有任何查詢，請致電 2890 8131 與劉子慧主任聯絡。

謹此
敬啟！

保良局金銀業貿易場張麗文學校
S.H. Wong 李錦培校長 謹啟

二零二六年三月二十日



CONGRATULATION

Activity Highlights (March - May)

We had so many wonderful learning activities from March to May—it was such an exciting time! Now, I'd love to invite you to look back at these special moments with me.

Parent-Child Easter Egg Design Activity



I made them together with my mommy and daddy!



Aren't our Easter eggs beautiful?



March Birthday Party: Spring Celebration & Tanghua Painting Experience



The birthday party was so much fun!



The party games were amazing!



I loved celebrating my birthday together with all my friends at the party!



Parent-child Flower Show



The colorful flowers are truly beautiful!



I saw a flower shaped like a duck.



Visit to the Legislative Council Complex



We visited the conference hall.



We simulated voting.



"Traditional Intangible Cultural Heritage" One-Day Tour



My mother and I made Ping On Bun.

Cheung Chau is really fun!



Easter Celebration and April Birthday Party



It's really fun to play games with Teacher Tom!



We like to celebrate birthdays with friends.



We made a rabbit craft.



Brighter Smiles Playland

We need to brush our teeth every day.



Parent-Child Ink Painting on Chinese-style Fans and Sachet Making



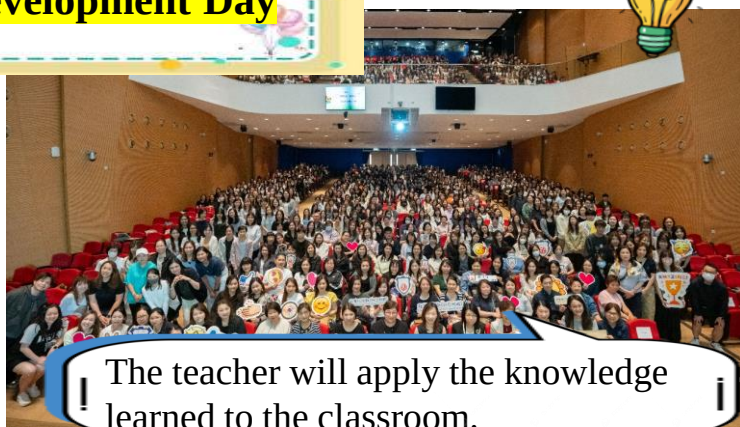
The fan painted with ink wash is truly special!



My mother and I painted a fan and made a sachet together.



Staffs Development Day



The teacher will apply the knowledge learned to the classroom.

Road Safety talk

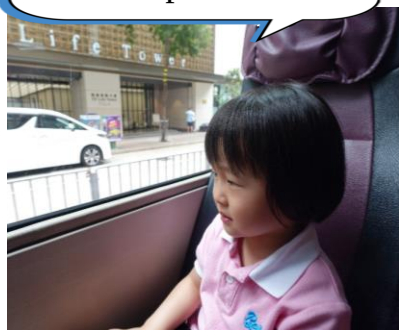


The rules you must obey when crossing the street!

Travel in Causeway Bay



I saw a private car!



We went on a tourist bus to see Causeway Bay.



Fire Safety talk



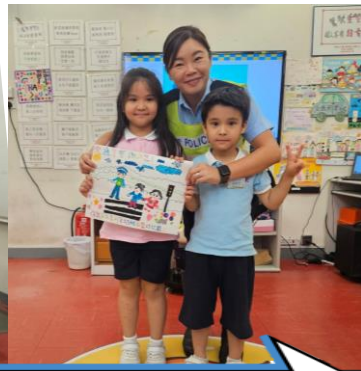
So the "three essentials" are a mobile phone, a door key, and a wet towel.



Firefighters work so hard! We're acting out what they do.



Road Safety Towns



Thanks to the traffic police for teaching us about road safety!



We're acting as little drivers, waiting for the green light!

Mother's Day celebration activities



My mom and I made a Mother's Day flower basket together. What a fun activity!



So grateful for everything you do for me, Mom. Happy Mother's Day!

Happy Fruits Month cum May Birthday Party



Thank you everyone for celebrating with us!



We made the fruit salad together.

What fruit I have touched!



Let's cooperate to move the fruit together!

Family Fun Destinations

Hong Kong Heritage Museum

Children's Discovery Gallery



The Children's Discovery Gallery is designed for children aged 4 to 10. Through 8 interactive learning zones, children can explore nature, learn about marine life and insects, and experience traditional village life in the New Territories.

The gallery features a reading room, educational games, and the "Hong Kong Childhood Toys" exhibition with a hands-on area. Incorporating free play elements, it allows children to explore freely according to their interests, unleash their imagination and creativity, learn through play, and enjoy quality family time.

Address: 1 Man Lam Road,
Sha Tin,
New Territories, HK
Admission: Free

Opening Hours: Mon, Wed to Fri
10am to 6pm
Sat, Sun and Public Holidays
10am to 7pm
Tue Closed
(except Public Holidays)

Transport: Take MTR to Che Kung Temple Station
or Sha Tin Station,
then walk to the museum.

