

#### Purpose:

According to the needs of society and family, we provide diversified child care services so that they can obtain high-quality care and education.

#### Objective:

- Through proper care and concern, we ensure children to grow up healthily in love.
- Provide an enlightening environment to nurture the exploratory and self-study spirit
  of the young children for laying the foundation of lifelong learning.
- •Assess and follow up periodically according to children's developmental needs.

  Curriculum designed based on children-centre approach, in order to assist their whole person development.

## Service Quality Standards (SQSs) and Criteria

- SQS 9 The service unit takes all reasonable steps to ensure that it provides a safe physical environment for its staff and service users.
- SQS 10 The service unit ensures that service users have clear and accurate information about how to enter and leave the service.
- SQS 11 The service unit has a planned approach to assessing and meeting service users' needs (whether the service user is an individual, family, group or community).
- SQS 12 The service unit respects the service users' right to make informed choices of the service they receive as far as practicable.
- SQS 13 The service unit respects the service users' rights in relation to private property.
- SQS 14 The service unit respects the service users' rights for privacy and confidentiality.
- SQS 15 Each service user and staff member is free to raise and have addressed, without
- fear of retribution, any complaints he or she may have regarding the agency or

the service unit.

SQS 16 The service unit takes all reasonable steps to ensure that service users are free P.2 from abuse.

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Congratulations to graduate Srichuangprasert Wanwisa for receiving the 'Wanchai District School Model Student Award Program'! J





# Social Work Special Topic

# Tips for Building Parent-Child Relationships

Parent-child relationships are like a layered game; as one block after another is removed, the foundation becomes increasingly unstable and can collapse at any moment. Similarly, if parents discipline their children in inappropriate ways (such as through hitting or yelling), the relationship will inevitably be damaged over the years. So, how can we effectively build a good parent-child relationship? What are the secrets involved?

#### **Eye Contact:**

When talking with children, parents should maintain eye level and make eye contact to capture their attention and observe their reactions. This helps facilitate effective communication. Additionally, parents set an example by teaching their children that looking others in the eye while speaking is a sign of respect. A gentle gaze can express love, focus, and concern for the child.

#### Listening:

Connection starts with listening. By calmly and patiently listening to what your child has to say, you show respect and avoid interrupting with opinions or judgments before they finish. This helps prevent comments like, "You don't really listen to me."

When listening, it's important to pay attention not just to the words, but also to the emotions behind them. For example, if your child says, "Xiaoming bumped into me today," listen for the tone of voice—is it calm or frustrated? By truly listening, you can respond appropriately to their genuine thoughts and feelings.

#### **Active Response: Engaging in Dialogue**

It's important to respond actively to your child's speech. Use verbal cues like "Hmm," "Oh," or "Wow! Tell me more..." to show that you're genuinely listening and interested. This makes the conversation enjoyable for them.

Additionally, expressing love and appreciation through phrases like "I love you," "Thank you," "I like you," and "I appreciate you" strengthens your bond and fosters a closer parent-child relationship.

### **Body Language: The Silent Communicator**

Utilizing body language effectively—like smiling, nodding, gently patting a shoulder, or hugging—can convey love and affection. According to family therapist Virginia Satir, we need four hugs a day to survive, eight to maintain a relationship, and twelve to help it grow.

Another family therapist, Dr. Debra Castaldo, emphasizes that hugging our loved ones fosters healthy emotional attachment and intimacy, forming the foundation of long-term happiness and health. Therefore, embrace your children and family more often to build closer relationships.

#### Mindful Presence: Being Fully Engaged

Parents should try to carve out time each day to set aside worries and distractions, turning off electronic devices to focus entirely on their children. This mindful presence fosters a deep connection and allows for shared moments of joy.

In families with more than one child, aim to spend at least 15 minutes each week alone with each child. This dedicated time helps them feel your focused love and attention, reinforcing your bond.

#### **Summary**

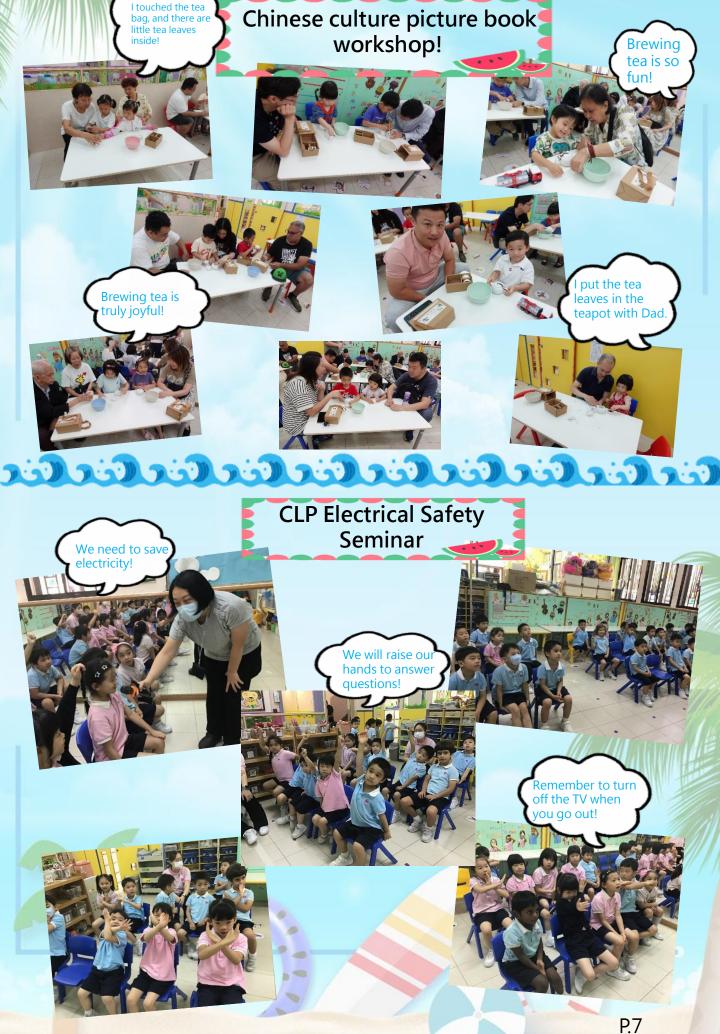
The parent-child relationship is like a seedling; it requires time and care to nurture. By practicing the five strategies of communication mentioned above, you can strengthen your relationship and build a more solid foundation for the future!

https://healthyseed.org/article-details/

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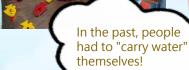
# July 1st – Flag-Raising Ceremony





Visiting the Water Knowledge Garden!

The river has so many fish!









## Visiting **Primary School!**

We are designing a house for the little



making pizza!















The primary school transition parent seminar.

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# Six Important Communication **Skills**

When parents communicate with their children, they often encounter situations where the child is not listening due to limited attention spans. In severe cases, parents may resort to shouting or using punishment. Here are some suggestions to help parents communicate effectively, build a positive relationship, and avoid conflicts:

1. From the child's perspective, speaking at the same height can increase interaction and promote eye contact.



3. Expressing Requests Positively Instead of telling the child, "Don't shout," you can say, "Please use a

soft voice."

4. Clearly and Specifically Express **Expectations** When asking the child to clean up, you can say, "Please sort the toys and put them back in the box," instead of the vague "Be good."

5. Sense of Humor A lighthearted way of speaking can help ease tension and improve the overall mood of the conversation.



6. Avoid Criticism Criticism may lead to defensive behavior in children. Instead, point out obvious facts. Try offering suggestions to the child: "Let's fold the clothes first, and then we can sort the stationery together and organize your P.11 desk."



1/9 -2/9	Orientation Day
8/9-26/9	Mid-Autumn Festival Eco-Friendly Lantern Parent-Child Design Competition
19/9	September Birthday Party
24/9-26/9	School Mooncake Making
27/9	Mid-Autumn Parent-Child Mooncake Making Fun
30/9	National Day Activities (Flag-Raising Ceremony)
2/10	Start Reading Fun
3/10,31/10	Seasonal Influenza Vaccine School Outreach Program
6/10	Mid-Autumn Festival Lantern Festival and October Birthday Party
17/10	Jockey Club Children's Dental Care Program - Oral Check-up
18/10	Jockey Club Children's Dental Care Program - Parent Seminar

#### Dear Parents,

If you have any comments or suggestions regarding our school, please feel free to contact our teachers or send us a letter. Your feedback helps us enhance the quality of our services and strive for excellence. Thank you for your support!

Email: clywkgn@poleungkuk.org.hk

Phone: 2277 8383

Fax: 2890 8397

Po Leung Kuk Headquarters:

Address: 66 Leighton Road, Causeway Bay, Hong Kong

Contact Department: Early Childhood Services Department

Phone: 2277 8219

Phone: 2504 1996

Email: ccs@poleungkuk.org.hk