2026 Child Sponsorship Programme Newsletter

保良局
PO LEUNG KUK

Dear Sponsors,

This year marks an important milestone — the 65th anniversary of the Child Sponsorship Programme. It is a great pleasure to celebrate this enduring commitment together with you through this annual newsletter. Over the past 65 years, the companionship of every sponsor has been an indispensable glimmer of starlight along this journey. This resonates deeply with this year's Po Leung Kuk theme — "Unite the Light, Make Lives Bright, Po Leung Kuk, Shine On". The starlight of so many sponsors, gathered together, has enabled our residential children to shine brightly.

Every donation you make will be transformed into a piece of equipment in our dormitory that supports a child's growth, a lesson that unlocks their potential, or a check-up and treatment that supports their healthy development. We invite you to read through this newsletter to see how your generosity helps our residential children shine in their own lives.

Po Leung Kuk

A Look Back at Child Sponsors' Day

The Child Sponsors' Day 2025-2026 was successfully held on 1 February 2026 at the Po Leung Kuk Headquarters. Unlike previous years, the event was specially moved to the Headquarters to align with the theme "Inspired by Creativity and Integrity, Led by Hope and Loving Legacy". A diverse range of activities was offered, including museum guided tour, game booths, and dormitory visits. This allowed sponsors to look back on the historical development of Po Leung Kuk' s residential child care services while experiencing the daily lives and living environment of the children in our care first-hand.

Following the ceremony, the residential children delivered a wonderful performance, showcasing the evolution of our residential child care services over time to our sponsors. The audience was deeply moved by the enduring power of love and hope, passed down from generation to generation.

Use of Sponsorship Donations

We dedicate all sponsorship donations to expanding and enhancing Po Leung Kuk's welfare services for children, youth and families. We are grateful for your support of the Child Sponsorship Programme, and for offering companionship to the Kuk's residential children. To create a better environment for the growth of the children in our residential care, our efforts are focused on four key areas, including **residential care**, **nourishment of body and mind**, **professional support**, and **development of potential**.

Residential Care

Po Leung Kuk upholds its founding mission "Protecting the Young and the Innocent". We provide round-the-clock emergency residential child care services for children who require immediate placement due to family breakdowns or emergencies. Located at the Headquarters in Causeway Bay, the New Comers' Ward serves as the "Accident and Emergency Department" of our child protection network, specialising in receiving children in need of urgent placement.

For children who suddenly arrive in an unfamiliar environment, the first 2 hours are critical. As shared by Ms Chan, Residential Child Care Officer in Charge, this period — known as the "Golden 2 Hours" — involves assigning a dedicated staff member to accompany each newly admitted child. Staff use picture books to introduce the daily routine, and each child receives a "Welcome Kit" containing daily necessities, small toys, and a soft plush toy to accompany them at bedtime, helping them build a sense of security in an unfamiliar setting. Our staff are not only carers but also listeners — through companionship and guidance, they help every child gradually settle and find stability amidst turmoil.

Nourishment of Body and Mind

悅兒家

短片 Video

Po Leung Kuk's "Sunny Bliss Home" officially commenced service in 2025, providing short-term residential support for children aged 3 to 6. Recognising that young children are prone to emotional fluctuations when faced with sudden changes, "Sunny Bliss Home" features a "Calm Corner" and "Sunny Bliss Card" to help young children learn to express their feelings.

The "Calm Corner" is a quiet and comfortable space equipped with an "Emotional Traffic Light" that guides children in recognizing their emotions — red means stop and feel the present moment, yellow suggests calming strategies such as deep breathing or a hug, and green indicates that emotions have settled. Staff use comforting tools, such as weighted plush toys, helping children feel safe through touch and hugs. Each evening before bedtime, staff guide children in small groups to use the "Sunny Bliss Card", sharing their feelings around themes such as "Talking About Our Hearts", "Talking About Our Emotions", and "Talking About What We Love Most" — ensuring every child feel being heard and seen.

Professional Support

特殊幼兒服務

Residential children face various family difficulties, and their psychological and emotional well-being is a key focus for Po Leung Kuk. Our Para-medical and Counselling Team provides individual lessons and group training for children diagnosed with autism, learning delays, hyperactivity, and other conditions, helping them overcome developmental challenges.

As recalled by Senior Special Child Care Worker, Ms Ip, there was once a young child who would often become emotionally unstable and resistant during transitions between activities. Through patient guidance, this child not only learned to accept changes calmly but also began to actively express his needs verbally. What was even more touching was that the child started taking on the role of a "little teacher" during group activities, reminding peers who were emotionally upset to stay calm and guiding them to regulate their feelings through deep breathing. Ms Ip shared that watching a child move from emotional dysregulation to learning self-expression and self-regulation is one of her most cherished moments.

Development of Potential

非洲鼓

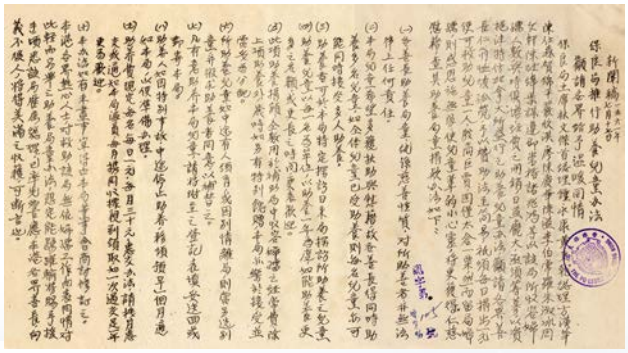
Po Leung Kuk places great emphasis on the holistic development of residential children. Through the "FLASH Enhanced Smart Teen Project", we provide diverse learning and experiential opportunities to help them discover their potential and build self-confidence.

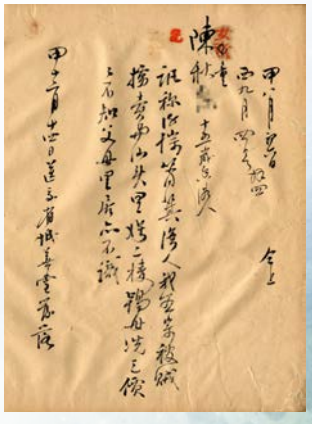
As shared by Ms Huang, Residential Child Care In Charge of the Kinder Section, the African drum classes are vibrant and energetic, with sessions specially designed to incorporate games and interactive elements, allowing young children to naturally engage in learning through play. The most memorable moment was the children' s performance at the opening ceremony of "Sunny Bliss Home". Although the children' s concentration during practice sessions had its ups and downs, they looked completely transformed and radiant in their performance outfits on the day. One child even took the initiative to call out slogans to lead the group, demonstrating remarkable leadership and courage that surprised every audience. A residential child, Chu Jai, said: "I love performing the African drum. I want to perform for more people." This simple and heartfelt statement reveals the confidence and sense of achievement the child has gained through the learning process, and demonstrates the positive impact of the programme on their development.

Po Leung Kuk Child Sponsorship Programme — 65 Years of Love Passed On

The Origins of the Child Sponsorship Programme

Since its founding in 1878, Po Leung Kuk has been dedicated to the mission “Protecting the Young and the Innocent”, rescuing women and children in need of care, providing them with shelter and basic education, enabling them to grow healthily in body and mind, and cultivating good moral character. In the 1950s, Hong Kong’s population continued to grow, and social problems became increasingly severe — the number of abandoned infants was particularly alarming. To address the growing number of destitute children, Po Leung Kuk planned to expand its intake capacity, but progress was hampered by limited funding. In 1961, the Board of Directors launched a “Child Sponsorship Campaign” in Hong Kong to raise funds and received an enthusiastic response across all sectors of society — among the sponsors were not only prominent figures, but also domestic helpers and vegetable vendors, each contributing whatever they could. It was this outpouring of kindness from all levels of society that made the children feel the warmth and care of the world around them, and laid the foundation for the Child Sponsorship Programme that continues to this day.





Child Sponsorship Programme — 65 Years of Light, Gathering and Shining for the Future

65 years ago, a group of sponsors from all walks of life came together with small but genuine acts of kindness, lighting the first ray of light for the Child Sponsorship Programme. Today, 65 years later, that light has never faded — it has grown ever brighter through the dedication of every sponsor, gathering into a constellation of starlight that illuminates the journey of countless children.

Thanks to the trust and support of all our sponsors over the years, countless children have been able to build their confidence in a loving environment and pursue their dreams with courage. Looking ahead, Po Leung Kuk will continue to uphold our mission “Protecting the Young and the Innocent”, providing appropriate support to children in need, while actively developing innovative services to meet the evolving needs of children and families. May we continue to walk together, gathering more starlight and brightening more lives.

A Loving Family Sponsors for 40 Years — Carrying on a Mother's Legacy to Become Trusted Companions

Mr Tam and his family have been participating in the Po Leung Kuk Child Sponsorship Programme for 40 years. Looking back, his connection with Po Leung Kuk began with his mother' s kindness. "After my mother passed away, I was going through her belongings when I discovered that she had been quietly supporting the Po Leung Kuk Child Sponsorship Programme for many years. I had no idea that this was something she had been doing all along." In that moment, he didn' t hesitate — he simply believes that this kindness should be carried on.

Beyond Donations — The First Visit After Retirement

Over the years, Mr Tam supported the Child Sponsorship Programme through donations, and each year at Christmas, he would receive cards from the children, learning about their lives. It was not until his retirement last year that he finally had the opportunity to put his long-held wish into action — to visit his sponsored children in person.
Before his first visit, he received training from social workers to see the world from a child' s perspective. "The social worker told me that the chairs at Po Leung Kuk are designed to be particularly low — so that adults can see things from a child' s eye level."

Remote-Controlled Cars in the Park — The Simplest Joy

Mr Tam currently sponsors two children, one of whom is 6-year-old Yung Yung (a pseudonym), whom he began sponsoring in May last year. On each visit, the two play with remote-controlled cars together in the park, and Yung Yung also shares updates on his schoolwork with "Uncle Kin". Beyond play, "Uncle Kin" patiently guides Yung Yung in learning how to interact with others and practise social etiquette: "I teach him to shake hands when we meet, and through playing games, he learns that using brute force won' t solve problems. With patience, step by step, I can see him growing up slowly."
Mr Tam has also invited his wife to share in the children' s growth. Together, they have attended the Po Leung Kuk Child Sponsors' Day and watched the children perform on stage. "Seeing them so engaged and so happy— my wife and I were both deeply moved." That feeling has reaffirmed his determination to continue this path.

> "I want the children to build happy memories as they grow up, to be willing to share with others, and to gain more positive energy."
>
> — Sponsor Mr TAM Kin

保良局
PO LEUNG KUK

148th 週年 Anniversary

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如無法投遞，請退回
香港銅鑼灣禮頓道66號保良局助養部收

If undelivered, please return to
Child Sponsorship Section,
Po Leung Kuk, 66 Leighton Road,
Causeway Bay, Hong Kong

保良局助養部
Po Leung Kuk Child Sponsorship Section

邀請您：

1. 鼓勵親友助養兒童及贊助家舍，將祝福傳遍更多孩童的家舍，以生命影響生命。
2. 將捐款方式改為信用卡自動轉賬，讓本局可減省文件處理及行政工序，能將更多資源用於兒童及家庭福利服務上。

感謝您讓愛延續！

助養計劃詳情
Programme Details

請支持
Please support

May we invite you:

1. To encourage your friends and relatives to join our Child and House Sponsorship Programmes and make an impact on more lives by sowing the seeds of love throughout our residential child care units.
2. To change to autopay donations to help the Kuk minimize administrative costs as well as procedures and enable the Kuk to direct even more resources towards children and family welfare services.

Thank you for your commitment to extend your love!

聯絡我們 Contact Us

2576 9258 FAX 2890 6395 sponchild@poleungkuk.org.hk

poleungkuk1878 保良局 poleungkuk

推薦親朋好友加入助養行列
Recommend relatives and friends to join the Child Sponsorship Programme

助養捐款用於拓展及優化兒童、青少年及家庭福利服務。
誠邀閣下推薦親朋好友加入助養行列。
請填妥以下表格並寄回香港銅鑼灣禮頓道66號保良局助養部收。

The donation will be dedicated to develop and enhance our services for children, youth and families. You are sincerely invited to recommend relatives and friends to join the Child Sponsorship Programme. Please complete the following form and send it to:
Child Sponsorship Section, Po Leung Kuk, 66 Leighton Road, Hong Kong.

您的助養善款用途

生活照顧	Residential Care
培育身心	Nourishment of Body and Mind
專業支援	Professional Support
發展潛能	Development of Potential

保良局兒童助養計劃登記表 Po Leung Kuk Child Sponsorship Programme Registration Form

姓名 Name _____ 性別 Sex _____ 出生 Birth ____ / ____ 年 YY 月 MM 身份證號碼 ID Card No. _____ (頭4位數字 First 4 Digits)

電話 Tel. _____ 電郵 Email _____

通訊地址 Correspondence Address _____

婚姻狀況 Marital Status _____ 教育程度 Education _____ 職業 Occupation _____ 通訊語言 Lang. of publication ☐ 中文及英文 Chinese and English ☐ 只限中文 Chinese only ☐ 只限英文 English only

助養形式選擇 Types of Sponsorship

助養家舍 House Sponsorship

☐ 贊助家舍 Sponsor ____ 間 House(s).

捐款金額 Sponsorship Commitment

☐ 個人贊助每間家舍每年港幣$1,500
HK$1,500 yearly per House for Individual Sponsorship

☐ 家庭贊助每間家舍每年港幣$2,250
HK$2,250 yearly per House for Family Sponsorship

☐ 團體贊助每間家舍每年港幣$7,500
HK$7,500 yearly per House for Group Sponsorship

助養兒童 Child Sponsorship

☐ 助養兒童 Sponsor ____ 名 Child(ren).

☐ 配定兒童 with allocation of child(ren)

☐ 不配定兒童 without allocation of child(ren)

捐款金額 Sponsorship Commitment

助養每名兒童每年為港幣$1,500
Annual sponsorship fee is HK$1,500 for each child.

捐款 Donation

暫不參加計劃，只作捐款
Donate without joining the programme

捐款金額 Amount of Donation

港幣 HK$ _____

捐款方法 Donation by

☐ 信用卡 Credit card

☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS

信用卡號碼 Card No. 有效日期至 Expiry date _____ 持卡人姓名 Cardholder's name _____

☐ 按年扣款 Every year* ☐ 按半年扣款 Every half year* ☐ 一次性捐款 One time donation

持卡人簽署 Cardholder's signature _____

☐ 劃線支票 Crossed cheque

抬頭人：保良局 payable to "Po Leung Kuk"

銀行名稱 Name of bank _____ 支票號碼 Cheque No. _____

☐ 銀行入數紙 Bank's pay-in slip

須付正本 Original copy is required

滙豐銀行 HSBC	恒生銀行 Hang Seng Bank	中國銀行(香港) Bank of China (Hong Kong)
002-239564-006	262-191166-001	012-875-00206767

☐ 其他 Other

☐ PayMe ☐ 轉數快 FPS

請將填妥之表格連同劃線支票或入數紙正本寄往銅鑼灣禮頓道66號保良局助養部。
如使用網上轉帳/轉數快/Payme方式，請必須擷取付款版面，連同填妥之表格電郵至 sponchild@poleungkuk.org.hk

Please send the completed form together with a crossed cheque (made payable to "Po Leung Kuk") or original copy of the pay-in slip to: Child Sponsorship Section, Po Leung Kuk, 66 Leighton Road, Hong Kong.

If you donate through online/FPS/Payme, please capture a screenshot of your payment page and email to sponchild@poleungkuk.org.hk together with the completed form.

此表格上之個人資料除作上述用途外，本局將不時透過直接郵遞、電郵、電話、手機短訊及傳真等途徑，向 閣下提供有關本局動向、服務推廣及籌募活動等的資訊，屆時將需要使用 閣下存於本局之聯絡資料及捐款紀錄與 閣下通訊。如不擬收取，請與本局助養部聯絡或在以下方格內加「✓」。

Your personal data provided in this form will be used for the above purpose. The Kuk may use your personal data and donation record in the database of the Kuk to send you the most updated information relating to our services, development and the appeal of donation campaigns through various channels such as direct mailing, email, telephone, SMS or facsimile, etc. If you do not wish to receive such materials, please contact Child Sponsorship Section or put a「✓」in the box.

☐ 本人不欲收取任何保良局上述的宣傳郵件。
I do not wish to receive any promotion materials from Po Leung Kuk as specified above.

請選擇 Please tick the appropriate

☐ 以電郵收取保良局訊息（如選擇此項，除必須以郵寄方式送出之文件，如收據，相片，小冊子等外，其他訊息均儘量以電郵發出。）
To receive information of Po Leung Kuk by EMAIL (Except receipts, photos and brochure)

☐ 以郵寄收取保良局訊息
To receive information of Po Leung Kuk by POST

善長簽署 Sponsor's signature _____ 日期 Date _____

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