

2025

Child Sponsorship Programme

Newsletter



保良局
PO LEUNG KUK



Dear Sponsors,

We are delighted to share with you the highlights of our Child Sponsorship Programme in this annual newsletter. We sincerely thank you for entrusting us with donations that allow us to continually improve the lives of children.

This year, Po Leung Kuk embraces the theme "Inspired by Creativity and Integrity, Led by Hope and Loving Legacy." With a pragmatic approach, we are introducing new services aimed at spreading "hope" and "love." Your generous donations embody this spirit, with every blessing transforming into hope and love for our children, providing the momentum for us to keep moving forward and making progress.

We invite you to read through this newsletter, where Po Leung Kuk shares details about our services and the lives of our children, so you can see how your contributions become blessings for them.

Po Leung Kuk

Hello everyone, this is Kevin Cheng.

For many years, Po Leung Kuk has been dedicated to providing proper care and support for children in need. We thank you for walking alongside us, becoming a "trusted" companion in the growth of these children, helping them thrive healthily and happily. We warmly invite you to continue supporting Po Leung Kuk and encourage your friends and family to join the Child Sponsorship Programme. With a daily contribution of about \$4, together we can create a brighter future for our children!

Po Leung Kuk Child Sponsorship Ambassador, Kevin Cheng



Last Year

A Look Back at Child Sponsors' Day

The Child Sponsors' Day for 2024-25 was successfully held on 27 October 2024 at the Queen Elizabeth Stadium in Wan Chai, bringing together hundreds of sponsors and Po Leung Kuk's residential children in a warm and welcoming atmosphere. The theme for the children's performance was "Amazing Journey of Love," a story of the bond between earthlings and aliens, illustrating that, even though we may not meet often, the transmission of love remains unbroken, just like the love between sponsors and our children. Additionally, the heartfelt sharing by our artiste sponsors, Mr Jack Hui and Ms Veronica Shiu, allowed everyone to witness how genuine concern uplifts our spirits.



Mark Your Calendars!

Experience the Children's 'Home' at this Year's Child Sponsors' Day

The Child Sponsors' Day for 2025-26 will take place on 1 February 2026!

This year's event will be different from previous years as it will be held at Po Leung Kuk's Headquarters. Sponsors will have the opportunity to enjoy the wonderful performances prepared by the children, participate in booth activities, and gain a clearer understanding of the living environment of the children at Po Leung Kuk.

We warmly invite you to join us, and an invitation will be sent shortly.

held at
**Po Leung Kuk's
Headquarters**



Exciting Highlights for the upcoming Child Sponsors' Day Include:

Children's Performances

The children will showcase their talents and enthusiasm through well-crafted performances

Dormitory Visit

Discover the living environment of the children

Museum Guided Tours

Learn about the history of Po Leung Kuk and the evolution of our residential services

Booth Activities

Some booths will be hosted by the residential children, allowing them to interact with sponsors

Charity Sale

Items for sale will be crafted by residential children and other service users, with proceeds supporting Po Leung Kuk's Integrated Family Services

Gatherings with children

Children will gather with sponsors to share their lives

Former Residential Child Returns to Po Leung Kuk to Care for Children

"I hope children with similar experiences as me to feel love during their growth stages."



Ling Ling spent her formative years at the "Yau Oi Home".

Ling Ling has been living at Po Leung Kuk since she was 8. Reflecting on her first day in Kuk, tears still well up in her eyes. "That day started like any other; I went to school, and then the teacher suddenly asked me to pack my bag. I thought my family was taking me to Ocean Park, and I was so excited. Little did I know it was a SWD worker and my parent coming to take me to Po Leung Kuk's emergency residential child care service (New Comers' Ward)." Due to her family situation, Ling Ling was placed in Po Leung Kuk. At such a young age, she felt abandoned and cried for days. She recalls feeling so overwhelmed that she contemplated self-harm, but thanks to the dedicated care from the staff at the New Comers' Ward, she slowly emerged from her low point. "I am very grateful to Ms Ho from the New Comers' Ward; she made me feel being loved when I had lost everything."

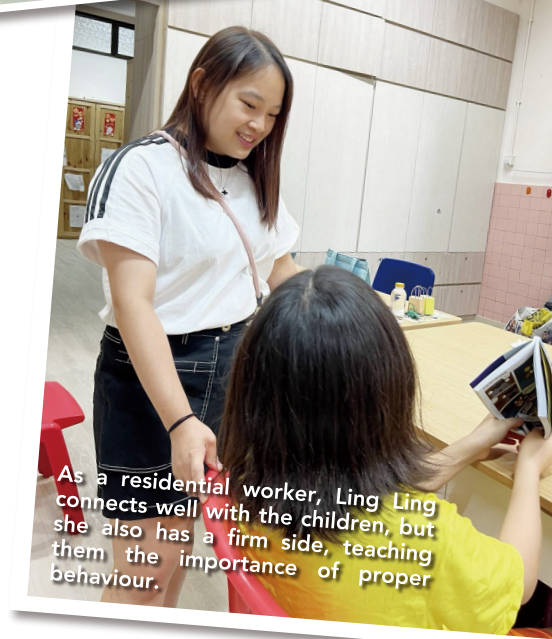
In addition to the staff at the New Comers' Ward and the Children Section, Ling Ling is also deeply thankful for her sponsors. "Happiness is very important for children! My sponsors often visit me, share food with me, and knowing that I love drawing, they buy me art supplies. They also care about my health. I am very thankful for the family-like care they have given me."

Nurtured by Love, Sowing Seeds of Gratitude

When Ling Ling turned 18, she left Po Leung Kuk, but about a year later, she returned in a new capacity. "One time, when I was in contact with the staff, I was asked if I would be interested in working here. Without much hesitation, I agreed to 'come home' as a part-time residential worker. I really want children with similar experiences as me to feel love and hope during their growth!" After working part-time for a while, Ling Ling decided to commit full-time to caring for children.

Ling Ling understands that the children at Po Leung Kuk carry varying degrees of scars from their past. They may be very protective of themselves, wary, and even display challenging behaviours, yet they also need love, companionship, and trust from others. "Having been through this myself, I understand their needs. That's why I strive to support them wholeheartedly. I am grateful that the children trust me so much; whenever there's an emergency or a 'big issues', they come to me to talk, even about the 'small issues' like not being able to sleep, they would seek my help. Accompanying them and being part of their growth is my motivation."

Surrounded by many of the staff and mentors who once cared for her, Ling Ling finds the work wonderful and feels blessed. "Having them by my side gives me a great sense of security. I hope to pass on the love and warmth they gave me to the 'younger siblings' in the Home, allowing love to continue."



As a residential worker, Ling Ling connects well with the children, but she also has a firm side, teaching them the importance of proper behaviour.

Use of Sponsorship Donations

We dedicate all sponsorship donations to expand and enhance Po Leung Kuk's welfare services for children, youth and families. We are grateful for your support of the Child Sponsorship Programme, and for offering companionship to the Kuk's residential children. In order to create a better environment for the growth of those under our residential care, our efforts are focused on 4 key areas, including residential care, nourishment of mind and body, professional support and development of potential.

Residential Care

The Po Leung Kuk Residential Child Care Services team provides attentive care for children around the clock. Through long periods of interaction, the team builds deep bonds with the children, some of whom maintain strong relationships with staff even after leaving the Home. One such child, Ah Lung, who was at Heng On Small Group Home, left 5 years ago to reunite with his biological family, yet he still visits the Small Group Home to see the "parent" Ms Lung and other staffs.

Ms Lung recalls a time when Ah Lung returned to the Small Group Home after an exam, and they prepared a sumptuous afternoon tea to welcome him: "After Ah Lung left, he came back to the home one day, and I remember how much he loved the nourishing soup we used to serve. That day, we had a steaming bowl of soup ready for him, allowing him to reminisce about the warmth of the Small Group Home." While daily meals may seem simple, they carry profound meaning, quietly conveying love and care.



Even after leaving, Ah Lung fondly remembers the taste of the dishes from the Small Group Home.

Nourishment of Body and Mind



Po Leung Kuk provides appropriate care for children in need, aged 0 to 18, and organises them into sections according to their age: the Babies Section for those from newborn to 3 years, the Kinder Section for ages 3 to 6, and the Children Section for ages 6 to 18. Due to the varying scale and pace of life of each section, the children inevitably face various "challenges" during the initial transition to a new section, such as mealtime arrangements, bathing, and self-care.

To assist children in adapting to their new section, Po Leung Kuk arranges "trial stays" for those about to transition to a new section or invites them to dine with their "new roommates". Additionally, staff provides thoughtful care tailored to the individual needs and personalities of each child. A social worker from the Children Section shared that a kinder named Yun Yun (pseudonym) struggled to adjust after moving to the Children Section, particularly with the new routine of lights out every night, Yun Yun often cried in the dark. Understanding her situation, our social worker placed a night light by her bedside to accompany her. Before long, Yun Yun adapted to her new life and became good friends with her peers.

Professional Support

At Po Leung Kuk, we are deeply concerned about the psychological and emotional wellbeing of our residential children, who faced various family challenges. In addition to attending to the children's daily lives, our frontline teams provide support in dealing with their emotional and behavioural issues. Po Leung Kuk's clinical psychologist Ms Jamie Li explained that, upon receiving referrals from colleagues, the paramedical team discusses the child's background and daily behaviour with their responsible social worker and frontline caregivers. "If a child exhibits emotional or behavioural issues, we will meet with him/her to chat. Depending on each individual's situation, we arrange different types of therapy, such as play therapy or group training. We also offer workshops for frontline caretakers to help them understand more effective ways to support the children's emotional needs."



Development of Potential



Soo Soo (pseudonym), a residential child participating in the FLASH project, expressed, "I have taken part in ballet, K-POP, painting, and English classes, making my life much more fulfilling." Excitedly, Soo Soo shared her significant progress in rhythm and accuracy in counting beats! Previously, she had a strong aversion to English and disliked engaging with the language. However, during her English learning process, Soo Soo mentioned that her teacher used lively stories and interactive games to introduce her to new words and sentences. Gradually, she no longer resisted English and even saw improvements in her exam results.

Po Leung Kuk places great emphasis on the holistic development of children, providing diverse activities to help them reach their potential. One such initiative is the "FLASH Enhanced Smart Teen Project"

F = Future development
L = Life skills
A = Athletic skills
S = STEAM
H = Humanities

which offers our residential children opportunities to learn, experience, and showcase their talents in order to discover their interests and potentials while equipping them with various knowledge and skills. The project promotes the development of residential children through a variety of learning activities, including interactive language courses, sports, and STEAM activities, so as to enhance their language skills and learning interests, fostering interpersonal skills, and building self-confidence.

A Kind-hearted Doctor Offers Free Consultations to Help residential children Relief Eczema and Allergies

Eczema and food allergies are common among children and adolescents, affecting not only their physical health but also placing significant stress on their emotional and psychological wellbeing. Po Leung Kuk pays close attention to residential children's skin health. Since last year, Dr Gilbert Chua, a specialist in paediatric immunology, allergy, and infectious diseases, has been visiting Po Leung Kuk every month to provide allergy-related medical care for residential children.



Collaboration with Union Hospital Allergy Centre, Union Hospital Charity Fund and Pharmaceutical Industry

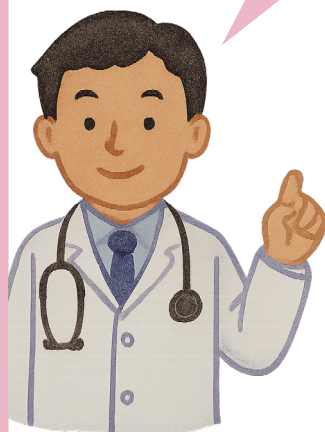
Many residential children suffering from eczema require steroid creams; however, these creams do not alleviate the itching for those with severe eczema. Dr Chua explains that while eczema is not life-threatening, it severely impacts the quality of life and emotional state of the affected individuals. "Currently, severe eczema can be treated with biological injections, but the treatment costs around \$50,000, which is unaffordable for the children here. I am eager to fight for them." Dr Chua, the Deputy Director of Union Hospital Allergy Centre, collaborated with the Union Hospital Charity Fund and the pharmaceutical industry offered 8 children to receive 6-month course of biological therapy for free, as well as providing high-quality moisturizers to maintain skin health. Currently, 4 of these children have received their injections, and one 5-year-old boy has achieved over 80% recovery after 6 injections. Dr Chua noted that the boy can now sleep soundly and has regained his smile. He expressed, "Nothing is more rewarding than seeing a child regaining his health and joy!"

Training Staff to Care for Children with Food Allergies

The Po Leung Kuk Residential Child Care Services team considers the health of children at a top priority. When a residential child feels unwell, they can easily reach the medical room on the first floor of the Main Building by walking a few steps in slippers, where nurses are on duty 24 hours a day to address their medical needs. Po Leung Kuk has also connected with several kind-hearted doctors who regularly offer free consultations and physical check-ups to comprehensively safeguard the health of residential children.

In addition to treating eczema, Dr Chua has noted that many children also suffer from food allergies. Therefore, he proactively organised training sessions to teach the Po Leung Kuk Residential Child Care Services team how to care for children with food allergies. He offered seminars teaching the importance of early priority food allergen introduction, as well as using the adrenaline autoinjector in case a child develops severe allergic reactions to food. He hopes to introduce a menu that includes priority food allergens at Po Leung Kuk in the future, incorporating peanuts, treenuts, and sesame into the diets of infants starting from 6 months old, as a measure to prevent food allergies. If any child is found to have an allergic reaction to a specific food, immunotherapy can also be initiated early.

After a year of providing free consultations, Dr Chua, in collaboration with the Kuk's staff, has sought to enhance the wellbeing of the children and has been deeply touched by the team's meticulous care. He has decided to continue his volunteer work in the future. He hopes to inspire other professionals to pay attention to the needs of children of the Kuk, stating, "If everyone is willing to take an extra step—whether financially or through physical effort—we can create a brighter future for children."



1. Last year, Dr Chua administered flu vaccinations to residential children and plans to continue this work at the end of the year.
2. Dr Chua regularly holds training sessions for residential staff, teaching them how to care for children with food allergies.
3. The 5-year-old boy who suffers from eczema is now over 80% recovered after receiving biologics injections.



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PO LEUNG KUK

2025

Child Sponsorship
Programme

Newsletter



如無法投遞，請退回
香港銅鑼灣禮頓道66號保良局助養部收

If undelivered, please return to
Child Sponsorship Section,
Po Leung Kuk, 66 Leighton Road,
Causeway Bay, Hong Kong

保良局助養部

Po Leung Kuk Child Sponsorship Section

邀請您：

1. 鼓勵親友助養兒童及贊助家舍，將祝福傳遍更多孩童的家舍，以生命影響生命。
2. 將捐款方式改為信用卡自動轉賬，讓本局可減省文件處理及行政工序，能將更多資源用於兒童及家庭福利服務上。

感謝您讓愛延續！

May we invite you:

1. To encourage your friends and relatives to join our Child and House Sponsorship Programmes and make an impact on more lives by sowing the seeds of love throughout our residential child care units.
2. To change to autopay donations to help the Kuk minimize administrative costs as well as procedures and enable the Kuk to direct even more resources towards children and family welfare services.

Thank you for your commitment to extend your love!



助養計劃詳情
Programme Details

CONTACT US

- ☎ 2576-9258
- FAX 2890-6395
- ✉ sponchild@poleungkuk.org.hk
- f poleungkuk1878
- 保良局



推薦親朋好友加入助養行列

Recommend relatives and friends to join the Child Sponsorship Programme

助養捐款用於拓展及優化兒童、青少年及家庭福利服務。

誠邀閣下推薦親朋好友加入助養行列。

請填妥以下表格並寄回香港銅鑼灣禮頓道66號保良局助養部收。

The donation will be dedicated to develop and enhance our services for children, youth and families. You are sincerely invited to recommend relatives and friends to join the Child Sponsorship Programme. Please complete the following form and send it to:

Child Sponsorship Section, Po Leung Kuk, 66 Leighton Road, Hong Kong.

您的助養善款用途

生活照顧 Residential Care

培育身心 Nourishment of Body and Mind

專業支援 Professional Support

發展潛能 Development of Potential

保良局兒童助養計劃登記表

Po Leung Kuk Child Sponsorship Programme Registration Form

姓名 Name _____ 性別 Sex _____ 出生 Birth _____ / _____ 身份證號碼 ID Card No. _____
(頭4位數字 First 4 Digits)

電話 Tel. _____ 電郵 Email _____

通訊地址 Correspondence Address _____

婚姻狀況 Marital Status _____ 教育程度 Education _____ 職業 Occupation _____ 通訊語言 Lang. of publication _____
☐ 中文及英文 Chinese and English ☐ 只限中文 Chinese only ☐ 只限英文 English only

助養形式選擇 Types of Sponsorship



助養家舍
House Sponsorship

☐ 贊助家舍 _____ 間
Sponsor _____ House(s).

捐款金額 Sponsorship Commitment

- ☐ 個人贊助每間家舍每年港幣\$1,500
HK\$1,500 yearly per House for Individual Sponsorship
- ☐ 家庭贊助每間家舍每年港幣\$2,250
HK\$2,250 yearly per House for Family Sponsorship
- ☐ 團體贊助每間家舍每年港幣\$7,500
HK\$7,500 yearly per House for Group Sponsorship



助養兒童
Child Sponsorship

☐ 助養兒童 _____ 名
Sponsor _____ Child(ren).

☐ 配定兒童
with allocation of child(ren)

☐ 不配定兒童
without allocation of child(ren)

捐款金額 Sponsorship Commitment

助養每名兒童每年為港幣\$1,500
Annual sponsorship fee is HK\$1,500 for each child.



捐款
Donation

暫不參加計劃，只作捐款
Donate without joining the programme

捐款金額 Amount of Donation

港幣 HK\$ _____

捐款方法 Donation by

☐ 信用卡
Credit card

☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS

信用卡號碼 Card No. _____ 有效日期至 Expiry date _____

持卡人姓名 Cardholder's name _____

☐ 按年扣款 Every year* ☐ 按半年扣款 Every half year* ☐ 一次性捐款 One time donation

持卡人簽署 Cardholder's signature _____

☐ 劃線支票
Crossed cheque

抬頭人：保良局 payable to "Po Leung Kuk"

銀行名稱 Name of bank _____ 支票號碼 Cheque No. _____

☐ 銀行入數紙
Bank's pay-in slip

須付正本 Original copy is required

滙豐銀行 HSBC
002-239564-006

恒生銀行 Hang Seng Bank
262-191166-001

中國銀行(香港) Bank of China (Hong Kong)
012-875-00206767

☐ 其他
Other

☐ PayMe



☐ 轉數快 FPS



請將填妥之表格連同劃線支票或入數紙正本寄往銅鑼灣禮頓道66號保良局助養部。
如使用網上轉帳/轉數快/Payme方式，請必須攝取付款版面，連同填妥之表格電郵至
sponchild@poleungkuk.org.hk

Please send the completed form together with a crossed cheque
(made payable to "Po Leung Kuk") or original copy of the pay-in slip to:
Child Sponsorship Section, Po Leung Kuk, 66 Leighton Road, Hong Kong.

If you donate through online/FPS/Payme, please capture a screenshot of your
payment page and email to sponchild@poleungkuk.org.hk together with the
completed form.

請選擇 Please tick the appropriate

☐ 以電郵收取保良局訊息 (如選擇此項，除必須以郵寄方式送出之文件，
如收據，相片，小冊子等外，其他訊息均儘量以電郵發出。)

To receive information of Po Leung Kuk by EMAIL
(Except receipts, photos and brochure)

☐ 以郵寄收取保良局訊息

To receive information of Po Leung Kuk by POST

此表格上之個人資料除作上述用途外，本局將不時透過直接郵遞、電郵、電話、手機短訊及傳真等途徑，
向閣下提供有關本局動向、服務推廣及籌募活動等的資訊，屆時將需要使用閣下存於本局之聯絡資料及
捐款紀錄與閣下通訊。如不擬收取，請與本局助養部聯絡或在以下方格內加「✓」。

Your personal data provided in this form will be used for the above purpose. The Kuk may use your personal
data and donation record in the database of the Kuk to send you the most updated information relating to
our services, development and the appeal of donation campaigns through various channels such as direct
mailing, email, telephone, SMS or facsimile, etc. If you do not wish to receive such materials, please
contact Child Sponsorship Section or put a "✓" in the box.

☐ 本人不欲收取任何保良局上述的宣傳郵件。

I do not wish to receive any promotion materials from Po Leung Kuk as specified above.

善長簽署

Sponsor's signature _____

日期

Date _____

本局填寫
For Official
Use only

財務部覆核 Checked by Finance Dept.

授權號碼 Approved code