

# Po Leung Kuk Jockey Club Pak Tam Chung Holiday Camp

## 【 Residential Camp 】

9 / 2021

Time	Check-in day	Time	Subsequent day	Time	Check-out day
3:15 p.m.	Check-in	8:00 - 8:30 a.m.	Breakfast	8:00 - 8:30 a.m.	Breakfast
3:15 - 4:00	Briefing	9:00 - 12:00	Recreational programmes	9:00 - 12:00	Recreational programmes
4:00 - 5:00	Recreational programmes <small>(Programmes are opened until 5:30 on Saturdays or if the following day is a public holiday)</small>	1:00 - 1:30	Lunch	12:30 - 1:00	Clear room and return room key
6:00 - 6:30	Dinner	4:00 - 5:00	Recreational programmes <small>(Programmes are opened until 5:30 on Saturdays or if the following day is a public holiday)</small>	1:00 - 1:30	Lunch <small>(please bring your belongings to the canteen)</small>
7:00 - 10:00	BBQ	6:00 - 6:30	Dinner	1:45 p.m.	Check out
10:00 - 10:15	Dessert	7:00 - 10:00	BBQ		
11:00 p.m.	Light out	10:00 - 10:15	Dessert		
		11:00 p.m.	Light out		

### Remarks:

1. **Recreational Programmes:** Archery, cycling, roller skating, wall climbing, children rope course, orienteering, Sheung Yiu Folk Museum Tour; floor curling and gate-ball (suitable for the elderly and disabled) (All programmes are supervised by qualified instructors and arranged by the Camp depending on number of campers and weather conditions) Campers must wear shoes covering toes and heels, and sports attire. Campers wearing sandals or flip-flops may not attend our activities.
2. **Swimming pool:** Opens from May to October. No snorkelling, diving or suntan oil in pool. All participants must wear swimsuits. Children under 12 years old or shorter than 1.1m must be accompanied by an adult.
3. **Environmental Education Programmes:** Eco-canoeing, Geo-conservation Field Trip, Marine Gallery, Mangrove Adventure, Pak Tam Chung Tree Walk and Little Creator. Website: <http://plkptc.wishlatte.net> (Chinese only)
4. **Adventure Based Training:** Challenge Rope Course and Adventure Training Programmes. (Please call the Camp Office at least 21 days in advance for training arrangement)
5. **Fee-charging activities:** Video games, art & craft. American pool, Mahjong and golf putting green must be rented by campers aged 18 or above.
6. **Ball games and board games:** Table tennis, badminton, basketball, football, Chinese billiard and board games can be borrowed for free after registration.
7. **Special Activities:** The Camp occasionally launch special activities such as canoe trip, paddle boating, zip line, giant swing, inflatable canoe, stand up paddle boarding, bungee trampoline, carnival games and eco-workshops. Campers have to buy tokens to participate. Please see our Facebook page for more details: <https://facebook.com/plkptc>
8. **Meals:** The Camp offers breakfast, lunch, dinner, barbeque and dessert for booking. Please book and pay meal fees one month in advance.
9. Barbeque should be finished by 10:30 p.m.
10. Please bring your own bathing supplies
11. **Venues:** Function Rooms, Multi-purpose Halls, Amphitheatre and other venues are available for booking

**\*The camp reserves all rights on altering any facility, activity or meal arrangement without prior notice\***

*Booking Office: (Tel) +852-2277 8678      Campsite Office: (Tel) +852-2792 4302 (Fax) +852-2792 0917*

*Website: <https://www.poleungkuk.org.hk/service/campsites/po-leung-kuk-jockey-club-pak-tam-chung-holiday-camp>*